

# Good Shabbos

*Welcome to our Sacred Space*

TAO – Temple Adath Or  
The South Florida Center for Jewish Renewal  
[www.TAOcenter.net](http://www.TAOcenter.net)  
954-888-1408

## Osheh Shalom

*May the Maker of peace in the heavens create peace here on earth, in Israel, and throughout the world.*

O'sheh shalom, bimromav Hu ya'aseh  
shalom aleinu v'al kol Yisrael, v'eemru.  
Amen.

## Candle Lighting (Feminine)

*By Your Holy Name, we promise You, God, Your light that shines in us will never be extinguished.*

Kee v'shem kodshaich  
neeshba'at  
la shelo teejbah nairah  
l'olam va'ed.

*Dear God, Life of All Worlds, we thank You for making us sacred and guiding us to kindle the Shabbat flame.*

B'ruchah at YHVH,  
Ela'ha'tainu malkat ha'olam,  
asher keedash'tanu  
b'meetsvotai'hah v'tsee'vee'tanu  
l'hadleek nair shel Shabbat.

## L'Chah Dodee

*Come my Beloved, the Bride, let's face. We welcome the Shabbat Queen into this space. 'Observe' and 'Remember,' two words as one, whom God, the Unifier, caused us to hear. All is one in God to name, to empower with beauty, and to praise. We are all one in God's grace. Let us go and walk the path of Shabbat, for She is the endless source of blessing. As ordained from the beginning to eternity. Last to be created, yet first to be conceived. Enter with peace, crown of God. You bring joy and celebration into the midst of those who believe in You. Come in, my Beloved. Come in, my Bride.*

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבַּת נְקַבְּלָהּ

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

שָׁמֹר וְזָכוֹר בְּדַבּוּר אֶחָד הַשְּׁמִיעָנוּ אֵל הַמֵּיֻחָד

Shamor v'zachor b'deebur echad heesh'meeyanu el hamiyuchad

יְהוָה אֶחָד וְשֵׁמוֹ אֶחָד לְשֵׁם וְלִתְפָאֶרֶת וְלִתְהִלָּה

YHVH echad ush'mo echad, l'shem ul'teeferet u'lee'tiheelah.

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבַּת נְקַבְּלָהּ

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

לְקִרְאֵת שַׁבַּת לָכוּ וְנִלְכָה כִּי הִיא מְקוֹר הַבְּרָכָה.

Leekrat Shabbat lichu v'nailchah kee hee m'kor habrachah.

מֵרֵאשׁ מִקְדָּם נְסוּכָה סוּף מַעֲשֵׂה בְּמַחְשָׁבָה תִּחְלָה.

Mairosh mee'kedem ni'sucha, sof ma'aseh b'mach'shava ticheelah.

לְכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבַּת נְקַבְּלָהּ

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

מִקְדָּשׁ מֶלֶךְ עִיר מְלוּכָה, קוּמֵי צְאֵי מִתּוֹךְ הַהִפְכָּה,  
Mikdash Melech iyrl mlucha, kumiy tziy mitoch hahafeicha,

רַב לָךְ שֵׁבֶת בְּעֵמֶק הַבְּכָא, וְהוּא יַחְמוֹל עָלֶיךָ חֶמְלָה.  
Rav lach shevet beimek habacha, vhu yachamol alayich chemla.

לָכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבָּת נְקַבְּלָה  
L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

הִתְנַעַרִי מֵעַפָּר קוּמֵי, לְבִשֵׁי בְּגָדֵי תִפְאַרְתֶּךָ עַמִּי,  
Hitnaariy meiafar kumiy, Livshiy bigdeiy tifarteich amiy,

עַל יַד בֶּן יִשָּׂי בֵּית הַלְחָמִי, קִרְבָּה אֶל נַפְשֵׁי גְּאֻלָּה.  
Al yad ben yishay beiyt halachmiy, karva el Nafshiy gala.

הִתְעוֹרְרִי הִתְעוֹרְרִי, כִּי בָּא אֲוֵרֶךְ קוּמֵי אֲוֵרִי,  
Hitorriy hitorriy, kiy va oreich kumiy oriy,

עוֹרֵי עוֹרֵי שִׁיר דַּבְּרִי, כְּבוֹד יְיָ עָלֶיךָ נִגְלָה.  
Uriy uriy shiyr dabeiriy, kvod YHVH alayich nigla.

לָכָה דוּדֵי לְקִרְאֵת כַּלָּה פְּנֵי שַׁבָּת נְקַבְּלָה  
L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

לֹא תִבּוֹשֵׁי וְלֹא תִכְלָמִי, מָה תִשְׁתַּחֲוִי וּמָה תִהְיֶמֶי  
Lo teivoshiy vlo tikalmiy, ma tishtochachiy uma tehemiy

בָּךְ יַחֲסוּ עֲנֵי עַמִּי, וְנִבְנְתָה עִיר עַל תְּלָהּ.

Bach yechesu aniyeiy amiy, vnivnta iyr al tila.

וְהָיוּ לְמִשְׁסָה שְׂאֵסִיד, וְרַחֲקוּ כָּל מִבְּלָעִיד.

Vhayu limshisa shosayich, vrachaku kal mvalayich

יְשִׁישׁ עָלֶיךָ אֱלֹהֶיךָ, כְּמִשׁוֹשׁ חֲתָן עַל כֵּלָהּ.

Yasiys alayich Elohayich, kimsos chatan al kala.

לָכֵה דוֹדֵי לְקִרְאֵת כֵּלָה פְּנֵי שַׁבַּת נְקַבְּלָהּ

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

יָמִין וְשְׂמֹאל תִּפְרֹזֵי, וְאֵת יְיָ תַעֲרִיזֵי,

Yamiyn usmol tifrotziy, vet YHVH taariytziy

עַל יַד אִישׁ בֶּן פִּרְצֵי, וְנִשְׁמָחָה וְנִגִּילָהּ.

Al yad iysh ben partziy, vnismcha vnagiyla.

לָכֵה דוֹדֵי לְקִרְאֵת כֵּלָה פְּנֵי שַׁבַּת נְקַבְּלָהּ

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

בוֹאֵי בְּשָׁלוֹם עֲטֹרֵת בִּעֲלָהּ.

Bo'ee v'shalom ateret ba'alah.

גַּם בְּרִנָּה בְּשִׂמְחָה תוֹךְ אֱמוּנַי עִם סִגְלָהּ

Gam b'renah b'seemcha toch emunai am s'gulah

בוֹאֵי כָּלָה בּוֹאֵי כָּלָה.  
בוֹאֵי כָּלָה בּוֹאֵי כָּלָה.

Bo'ee chalah. Bo'ee chalah.

Bo'ee chalah. Bo'ee chalah.

לְכָה דוֹדֵי לְקִרְאֵת כָּלָה פְּנֵי שַׁבַּת נְקַבְּלָה

L'chah dodee leekrat kallah p'nai Shabbat n'kab'lah.

## Barchu

*When we call on the light of our souls, we come home.*

בָּרְכוּ

Barchu

Dear One

Shechina

Holy Name

When I call on the light of my soul, I come home.

# Shema

*Listen and acknowledge every image of God. For they are all One. Hear their harmony.*

אֵל מֶלֶךְ נְאֻמָּן אֱלֹה מְלִכָה נְאֻמָּנָה

El Melech ne'eman Elah Malkah ne'emanah

*Listen Israel, God our God, our God is One.*

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

Shma Yisrael YHVH Elohainu, YHVH echad.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד

Baruch shaim k'vod malchuto l'olam va'ed

Through time and space

your glory shines, our blessed Father

...our blessed Mother

...our blessed Partner

...our blessed Friend

*And love your God, however you imagine God to be*

וְאַהֲבַת אֵת יְהוָה אֱלֹהֶיךָ

V'ahavta et YHVH Elohecha

*With an open heart, a healthy body, and a clear mind*

בְּכֹל לְבָבְךָ וּבְכֹל נַפְשְׁךָ וּבְכֹל מְאֹדְךָ

B'chol l'vavecha, u'vchol nafshecha u'vchol m'odecha

*Let the things God shares with you today touch your heart.*

וְהָיוּ הַדְּבָרִים הָאֵלֶּה אֲשֶׁר אֲנֹכִי מִצְוָה הַיּוֹם עַל לְבָבְךָ  
V'hayu had'vareem ha'aileh, asher anochi mitsavcha hayom, al  
l'vavecha

*And teach the children.*

וְשִׁנַּנְתֶּם לְבָנֵיךָ וּדְבַרְתָּ בָּם  
V'shee'nantam l'vanecha, v'deebarta bam

*And teach the children how they too can hear and be touched by God.*

וְשִׁנַּנְתֶּם לְבָנֵיךָ וּדְבַרְתָּ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ  
V'shee'nantam l'vanecha, v'deebarta bam B'sheev'ticha b'vaitecha,

*Speak words of Godliness in the privacy of your home, as you walk the path, When you are asleep and when you are awake.*

וּבְלִכְתְּךָ בַּדֶּרֶךְ וּבְשֹׁכְבְךָ וּבְקוּמְךָ  
U'vlech'ticha vaderech u'vishach'bicha u'viku'mecha

*And let these words be a sign upon your hands (in service), And between your eyes (in vision),*

וְקִשְׁרֹתֶם לְאוֹת עַל יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ  
U'kshartem l'ot al yadecha v'hayu l'totafot bain ainecha,

*And write them on the doorposts of your homes and gates of your soul.*

וְכַתְּבֶתֶם עַל מִזְזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ  
U'chtavtam al mizuzot baitecha u'veesh'arecha.

## Emet

*I am the God who Godded you. Truth.*

אֲנִי יְהוָה אֱלֹהֵיכֶם. אֱמֶת.

Ani Adonai Eloheichem. Emet.

## Ma Nora

*How awesome is this Place.*

Ma nora hamakom hazeh.

## Alainu

*We recognize the diversity in our worlds, ourselves and pray that all that divides will become as One.*

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתֵת גִּדּוּלָה לְיוֹצֵר בְּרֵאשִׁית,

Alainu lishabai'ach la'Adon hakol, latet gidula liyotser braishit,

שְׁלֵא עֲשֵׂנוּ כְּגוֹיֵי הָאָרְצוֹת, וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה.

Sehelo asanu k'goyai ha'aratsot, v'Lo samanu k'meesh'pachot  
ha'adamah.

שְׁלֵא שָׁם חֵלְקֵנוּ כָּהֵם, וְגוֹרְלֵנוּ כְּכֹל הַמוֹנָם.

Shelo sam chelkainu kahem, vigoralainu eem kol hamonam.

*Bend knees, lean forward.*

וְאַנְחֵנוּ כֹרְעִים, וּמִשְׁתַּחֲוִים וּמוֹדִים.

V'anach'nu kor'eem u'meesh'tachaveen u'modeem,

*Straighten up.*

לְפָנַי מְלֻךְ מַלְכֵי הַמַּלְאָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא.

Leefnai Melech, Malchai ham'lacheem, hakadosh baruch Hu.

שֶׁהוּא נוֹטֵה שָׁמַיִם וְיִסַּד אָרֶץ, וּמוֹשָׁב יִקְרוּ בְּשָׁמַיִם מִמַּעַל,

She'Hu noteh shamayeem vihosed artes, u'moshav yikaro  
bashamayeem mee'ma'al

וְשָׁכֵנֵת עִזּוֹ בְּגִבְהֵי מְרוֹמִים. הוּא אֱלֹהֵינוּ וְאִין עוֹד,

u'sh'Cheenat uzo bigav'hai miromeem. Hu Elohainu, ain od,

אֵמֶת מִלְכַּיְנוּ אֶפֶס זֹלָתוֹ. כִּפְתוּב בַּתּוֹרָהוּ:

Emet Malkainu efes zulato kakatuv bitorato:

וַיַּדְעַת הַיּוֹם וְהַשְּׁבֹתָ אֶל לִבְבְּךָ, כִּי יי הוּא הָאֱלֹהִים

Viyadata hayom vihashaivota el livavecha, ki YHVH Hu haEloheem

בְּשָׁמַיִם מִמַּעַל וְעַל הָאָרֶץ מִתַּחַת. אֵין עוֹד.

Basha'mayeem mee'ma'al, v'al ha'arets meetachat, ain od.

וַנֵּאמֶר וְהָיָה יְהוָה לְמֶלֶךְ אֵל כָּל הָאָרֶץ,

V'ne'emar, "V'haya YHVH liMelech al kol ha'arets,

בַּיּוֹם הַזֶּה יְהוָה יְהוָה אֶחָד וְשֵׁמוֹ אֶחָד.

Bayom haHu yihiyeh YHVH echad, u'sho Echad."

# Kaddish

*We thank our ancestors, teachers and friends whose souls returned to Eden, for their essence will always be with us.*

Yeet'gadal v'yeet'kadash sh'mai raba. Amen.

Bi'alma dee v'ra cheerutai v'yamleech malchutai  
bi'chayai'chon u'viyomaichon u'vichaiyai d'chol bait Yisrael.

Ba'agala u'veezman kareev, veemru amen.

Yihai shmai raba m'varach l'alam u'l'almai almaya.

Yeetbarach v'yeesh'tabach, v'yeet'pa'ar v'yeet'romam  
v'yeet'nas'e v'yeet'hadar v'yeet'al'eh v'yeet'halal  
shmai dikudisha breech Hu.

Li'aila meen kol beerchata v'sheerata, tush'bichata v'nechemata,  
da'ameeran bialma, v'eemru amen.

Yihai shlama raba meen shimaya v'chayeem [tovim] alainu v'al kol  
Yisrael,  
v'eemru amen.

Oseh shalom beem'romav, Hu ya'aseh shalom alainu  
v'al kol Yisrael, v'al kol yoshavai tevel, v'eemru amen.

# Kiddush

*Blessed are You, Life of all worlds, who creates the fruit of the vine.*

Savri maranan v'rabotai!

[ L'chaiyim! ]

Baruch atah Adonai Eloheinu melech ha'olam borai pree hagafen.

Amen.

Baruch atah Adonai Eloheinu melech ha'olam, asher keedshanu

b'meets'votav v'ratsah vanu

v'Shabbat kodsho b'ahavah u'v'ratson heen'chi'lanu,

zikaron l'ma'asai v'raisheet, kee Hu yom tichila

l'meek'ra'ai kodesh, zecher li'tsee'at meetsrayim.

Ki vanu vacharta v'otanu keedashta eem kol ha'ameem,

v'Shabbat kod'shicha b'ahavah u'v'ratson heenchaltanu.

Baruch atah Adonai, mikadesh haShabbat. Amen.

# Shalom Alaichem

*We open to you, angels of the Most High, who accompany us through the week.*

Shalom alaichem, mal'achai ha'sharet, mal'achai elyon  
mee'Melech Malchai ham'lacheem hakadosh baruch Hu.

Bo'achem l'shalom, mal'achai ha'shalom, mal'achai elyon  
mee'Melech Malchai ham'lacheem hakadosh baruch Hu.

Barchu'nee l'shalom, mal'achai ha'shalom, mal'achai elyon  
mee'Melech Malchai ham'lacheem hakadosh baruch Hu.

Tsetchem l'shalom, mal'achai ha'shalom, mal'achai elyon  
mee'Melech Malchai ham'lacheem hakadosh baruch Hu.

# Other TAO Songs, Psalms & Prayers

## B'nachas Ruah

*Holy Melody*

B'nachas ruah besafa berura un'eima kedusha  
With pleasant spirit, through pure speech in holy melody

## Darashti

*I search for You*

Darashti et Hashem veanani. Umikol megurosai hitzilani.  
I search for You, You answer me,  
and from all my fears You've save me

## Elokai Neshama

*God, the soul You placed within me is pure. You created it. You willed it.  
You breathed it into me.*

אֱלֹהֵי נְשָׁמָה שֶׁנָּתַתָּ בְּטְהוֹרָה הִיא  
Elokai neshama shenatata bi tehora hi

אַתָּה בָּרָאָתָּה. אַתָּה יָצַרְתָּה. אַתָּה נִפְחָתָה בִּי.  
Atah barata. Atah yetzarta. Atah nafachta bi.

# Ha Yotzeir

*Understand everything*

Ha Yotzeir Yachad Libam Hameivin El Kol Maaseihem

God made everyone from the same Heart.  
Know this, and you will understand everything.

Dios creo todo del mismo Corazon, Si sabes esto, entenderas Todo.

# Hafachta Mispidi

*My Soul sings to you Song that will never stop. I thank you God, Eternal One. Your light will always lift me up.*

הַפְּכֵת מִסְפְּדֵי לְמַחֹל לִי פְּתַחַת שָׂקִי וְתִאֲזַרְנֵי שְׂמֵחָה:

Hafachta mispidi l'machol li pitachta saki v'tazreini simcha

Turn over, all my sorrows. Let my feet dance.

Liberate me, For Joy is my path.

לְמַעַן יִזְמְרְךָ כְּבוֹד וְלֹא יִדּוּם יְהוָה אֱלֹהֵי לְעוֹלָם אֻדְךָ

L'man yizameircha cavod v'lo yidom Adoshem Elokai l'olam odeka

# Hakol Yoducha

*Yhank You*

Asdf Hakol Yoducha, Hakol Yshabchucha,  
Hakol Yomru, Ein Kadosh Kashem.  
All thank You. All praise You. All declare:  
Nothing/Yes is as Holy as Hashem.

# Hibitu Eilav

Hibitu Eilav v'naharu  
ufneihem al yiechparu  
zeh ani kara vaShem Shameiah

# Ivdu

Alayei Alaiy Ivdu. B'simcha.

# Ma Gadlu

*How great are Your deeds God.*

*How much more so is the depth of Your thoughts.*

מַה גְּדֹלוֹ מַעֲשֵׂיךָ יְיָ, מֵאֵד עֲמֻקּוֹי מַחְשְׁבוֹתֶיךָ.  
Ma gadlu maasecha yah, M'od amku machshvotcha.

## Mah Ahavti

*Know that you know*

Mah Ahavti . Kol Hayom Hi Sichasi.  
How do I Love you, All day long I'm speaking thru you.  
Yodoa Teidah.  
Know that you Know

## Meolam

*Forever is your name*

Meolam Hu Shemecha.

Meolam Hi Shemeich

## Oheiv Yamim

אהב ימים לראות טוב נצר לשונך.  
Oheiv yamim. Lirot tov. N'tzur l'shoncha.  
Love your time here. See the Good.  
Care for your words. They make your world.

## Oleh Regel

*Elevate each soul or person to her or his extraordinary expression in our world.*

Nisa levaveinu el capaim el kel bashamayim

Let us lift our hearts with our hands to God in heaven

Levantamos nuestras corazones con nuestras manos a Dios en el  
cielo

## Osheh l'Shalom

*May the Maker of peace in the heavens create peace here on earth, in Israel, and throughout the world.*

O'sheh l'shalom,

bimromav Hu ya'aseh

shalom aleinu

v'al kol Yisrael, v'eemru. Amen.

## Shiru Lo

Shiru Lo Zamru Lo

Sichu b'chol niflotav

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NOTE:

Put this prayer book together as you would a Hebrew Sidor. The book should open from left to right. If you put it together as you would an English book, it will be harder to read.

The pages are numbered. Page 2 goes behind the front cover. Then the numbers will continue in order as you turn the pages *from left to right*.

THIS ALSO MEANS YOU WILL STAPLE ON THE **right** SIDE OF THE PAGE... not the left!

